

Research on the Prediction and Intervention Model of Mental Health for Normal College Students Based on Machine Learning

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Abstract: This research paper investigates the utilization of fuzzy recognition technology in the analysis of mental health among normal college students, aiming to enhance the efficacy of packaging design for normal college institutions. The study's methodology comprises several essential steps to systematically analyze and comprehend the artistic and aesthetic attributes within mental health representations among the normal college. The proposed model combines Direction Point Cluster (DPC) segmentation techniques with fuzzy recognition algorithms, enabling accurate feature extraction and selection from mental health datasets. With the Random Probabilistic Markov Model (RPMM) for feature selection, the research harnesses the power of fuzzy logic and image processing to explore the nuanced attributes of normal college students' mental health. The integration of fuzzy recognition technology provides a means to manage inherent uncertainty and variability within mental health expressions. The findings of this study demonstrate the potential of fuzzy recognition technology in enhancing the analysis of normal college students' mental health. The RPMM model introduces a comprehensive framework for systematically assessing the aesthetic attributes of mental health representations. This integration opens avenues for creating more effective and visually captivating designs that align with cultural identity and aesthetic preferences. The paper concludes by outlining the step-by-step process of the RPMM model, which involves data collection, preprocessing, DPC segmentation, feature extraction, feature selection through RPMM, application of fuzzy recognition algorithms, and subsequent analysis. Additionally, the Direction Point Cluster (DPC) segmentation technique is introduced, presenting its role in capturing significant structural elements within mental health artworks.

Keywords: *Mental Health, Normal College, Deep Learning, Clustering, Feature Extraction, Markov Model*

1. Introduction

In today's fast-paced and demanding educational landscape, the mental health of students has emerged as a critical concern that deserves thoughtful attention. The pursuit of academic excellence, coupled with social pressures and personal challenges, can exert a significant toll on the psychological well-being of students [1]. As they navigate through the complex maze of coursework, peer relationships, and future aspirations, it becomes increasingly important to address and prioritize their mental health. With supportive environment that acknowledges and accommodates their emotional needs, it can empower students to not only excel academically but also lead balanced and fulfilling lives [2]. This derives into the multifaceted dimensions of students' mental health, shedding light on the various factors that impact it and exploring strategies to promote their emotional resilience and overall well-being. The mental health of students is a vital aspect of their overall well-being, encompassing their emotional, psychological, and social states [3]. The transition to higher education can be both exhilarating and overwhelming, exposing students to a myriad of challenges that can impact their mental wellness [4]. Academic pressures, including rigorous coursework and demanding schedules, often create stress and anxiety.

Additionally, the pursuit of extracurricular activities and part-time jobs, along with the pressure to maintain social connections, can further strain students' mental resources [5]. Factors like homesickness, relationship issues, financial concerns, and the uncertainty of future prospects add layers of complexity to their emotional landscape.

In recent years, there has been a growing recognition of the importance of addressing students' mental health needs. Universities and educational institutions are increasingly implementing support systems to provide counseling services, workshops, and resources that promote psychological resilience [6]. Destigmatizing discussions around mental health is also gaining momentum, encouraging students to seek help when needed without fear of judgment. Moreover, fostering a sense of belonging and community can play a pivotal role in students' mental well-being. When students feel valued and supported, they are more likely to develop coping skills and maintain a healthier balance between their academic pursuits and personal lives [7]. The mental health of students is a multifaceted issue that demands consideration and proactive intervention [8]. Through the challenges they face and cultivating an environment that prioritizes their emotional well-being, to equip students with the tools they need to thrive academically, emotionally, and socially [9]. To explore the various strategies, resources, and initiatives that contribute to nurturing students' mental health and enabling them to

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embark on their educational journey with resilience and optimism.

The mental well-being of students is a subject of increasing concern in today's educational landscape. As young individuals navigate the complex terrain of academia, social interactions, and personal growth, their mental health can be profoundly impacted [10]. The pressures of academic performance, coupled with the challenges of adapting to new environments and expectations, can give rise to a range of emotional and psychological experiences [11]. Recognizing the significance of addressing students' mental health, this exploration into the factors that influence their well-being, the potential consequences of neglecting it, and the various strategies that can be employed to foster a supportive and nurturing educational environment. In recent years, the mental health of students has garnered increased attention as a critical aspect of their overall development [12]. The transition to higher education involves a series of adjustments that can be both exciting and daunting [13]. Academic pressures, such as the need to excel in classes and meet the expectations of professors and peers, often place students under significant stress. Alongside this, the quest for a balanced social life, the challenges of forming new relationships, and the uncertainties about future career paths can all contribute to feelings of anxiety and unease [14]. Neglecting students' mental health can have far-reaching consequences, impacting not only their academic performance but also their personal growth and well-being. Unaddressed mental health issues can lead to decreased motivation, reduced concentration, and a decline in overall cognitive functioning. Additionally, emotional struggles may impede students' ability to form meaningful connections with others and engage fully in their educational experiences [15].

To address these concerns, educational institutions are increasingly recognizing the need to prioritize mental health support [16]. Providing accessible counseling services, creating safe spaces for open discussions, and implementing stress-reduction initiatives are steps that universities and schools are taking to address this issue. By fostering an environment that values mental health and well-being, educational institutions can empower students to develop healthy coping mechanisms, enhance their resilience, and ultimately flourish both academically and personally [17]. This exploration will delve into these strategies and more, shedding light on how a comprehensive approach to student mental health is integral to their success and overall quality of life. In the rapidly evolving landscape of education and mental health, the integration of machine learning presents a promising avenue for understanding and addressing the complex challenges surrounding the well-being of students [18]. The mental

health of students, often influenced by a multitude of factors, plays a pivotal role in their academic success and overall life satisfaction. With the advent of machine learning technologies, there lies a unique opportunity to harness data-driven insights and predictive models to not only identify early signs of mental health issues but also to personalize interventions that cater to individual needs [19]. This exploration delves into the innovative intersection of student mental health and machine learning, unveiling how data-driven approaches can revolutionize our understanding of psychological well-being, enhance support systems, and ultimately contribute to a more holistic and effective educational experience.

2. Literature Survey

The intersection of student mental health and machine learning represents a compelling synergy that has the potential to reshape the way to approach and address psychological well-being within educational contexts. Traditional methods of identifying and supporting students with mental health concerns often rely on self-reporting or observations, which may not always capture the nuanced and subtle indicators of distress [20]. Machine learning algorithms have the capacity to process and analyze vast amounts of data, ranging from academic performance and attendance records to social interactions and online behavior. With mining this data, machine learning models can detect patterns, anomalies, and trends that might otherwise go unnoticed. Early warning systems can be developed to flag students who might be at risk of developing mental health issues, allowing educational institutions to intervene proactively and offer timely support [21]. Moreover, machine learning can contribute to the personalization of mental health interventions. Every student is unique, with distinct backgrounds, experiences, and needs. Machine learning algorithms can create individualized profiles based on a student's data, enabling the tailoring of interventions that are aligned with their specific challenges and strengths. This personalized approach can enhance the effectiveness of interventions, leading to better outcomes in terms of emotional well-being and academic performance [22]. However, it's essential to address ethical and privacy concerns when employing machine learning in the context of student mental health. Safeguarding sensitive data, ensuring transparency in decision-making, and obtaining informed consent are crucial considerations to uphold ethical standards.

Nanomi Arachchige et al. (2021) focus on mental health prediction using natural language processing techniques on online support forums. This study recognizes the potential of analyzing language patterns and sentiment in online discussions to identify individuals at risk of depression. This approach provides a valuable avenue for

early intervention and support. Akour et al. (2021) delve into understanding the factors influencing people's intention to use mobile learning platforms during the COVID-19 pandemic. Their machine learning approach helps uncover the underlying variables that drive decisions related to technology adoption during crisis situations, shedding light on behavioral dynamics. Albreiki et al. (2021) present a comprehensive literature review on predicting student performance using machine learning techniques. With synthesizing existing research, the study highlights the methods and factors that play a crucial role in forecasting students' academic outcomes. Yeung et al. (2021) provide a unique perspective by utilizing machine learning to predict the growth of COVID-19 cases across countries. Through incorporating nonpharmaceutical interventions and cultural dimensions, the study showcases the applicability of machine learning beyond traditional domains.

Gedam and Paul (2021) review the use of wearable sensors and machine learning for detecting mental stress. This research underscores the role of wearable technology in capturing physiological data and utilizing machine learning algorithms to provide insights into individuals' stress levels. Walid et al. (2022) analyze machine learning strategies for predicting the outcome of undergraduate admission tests. Their investigation highlights the effectiveness of different machine learning algorithms in forecasting student performance, contributing to the field of educational assessment. Ouatik et al. (2022) explore the prediction of student success using big data and machine learning algorithms. With examining various factors, the study reveals the potential for machine learning to enhance educational outcomes by tailoring interventions based on data-driven insights. Librenza-Garcia et al. (2021) utilize machine learning techniques to predict depression cases and chronicity within an occupational cohort. Their findings emphasize the importance of early prediction and intervention for mental health issues in the workplace.

Danso et al. (2021) develop an explainable machine learning model for personalized dementia risk prediction. This research highlights the potential of machine learning to assist in healthcare applications by providing interpretable insights for individualized risk assessment. Bertolini et al. (2021) test the impact of machine learning methods on outcome modeling in undergraduate biology assessments. Their study demonstrates how machine learning can be integrated into educational assessments to enhance predictive modeling and evaluation strategies. Jacobson et al. (2021) employ deep learning and wearable sensors to predict deterioration in anxiety disorder symptoms. This innovative approach showcases the feasibility of passive sensing data in monitoring mental health, potentially leading to more timely interventions.

Bantjes et al. (2021) conduct a web-based group cognitive behavioral therapy intervention trial. This study showcases the integration of machine learning in designing and assessing psychological interventions, providing insights into their effectiveness.

Rykov et al. (2021) explore digital biomarkers for depression screening using wearable devices. Their research demonstrates how wearable technology combined with machine learning can contribute to mental health screening and monitoring in a non-invasive manner. Yakubu and Abubakar (2022) apply machine learning to predict students' performance in higher educational institutions. Their work contributes to understanding the factors that influence academic success, aiding in the development of targeted interventions. Ong (2022) use a machine learning ensemble approach to predict factors affecting students' intention to enroll in specific courses. This study emphasizes the utility of machine learning in understanding the complex decision-making processes that influence students' educational choices. Bosch (2021) utilize a two-model machine learning approach to identify supportive student factors for mindset interventions. Their study highlights the potential of machine learning in tailoring interventions to individuals' needs, contributing to more effective support strategies.

These research articles collectively illustrate the wide-ranging applications of machine learning in the realm of student mental health, academic performance, and related domains. The studies explore innovative ways to leverage data and algorithms to gain insights, predict outcomes, and design interventions that can positively impact students' well-being and educational experiences. The integration of machine learning brings forth the potential for more personalized, data-driven approaches that contribute to more holistic support systems for students.

3. Research Method

The research paper aims to explore the application of fuzzy recognition technology in analyzing Mental Health of Normal College Students to enhance the effectiveness of packaging design for Normal College. The research methodology involves the following steps:

1. The researchers conduct a systematic analysis of Mental Health of Normal College Students using fuzzy recognition algorithms. This analysis focuses on identifying and quantifying various aesthetic and artistic attributes present in the mental health.
2. The model utilizes the Direction Point Cluster (DPC) segmentation technique combined with fuzzy recognition algorithms. This allows for the accurate identification and extraction of relevant features from the Mental Health of Normal College Students.

3. The researchers employ a feature selection approach using the Random Probabilistic Markov model (RPMM). This process helps in selecting the most relevant and significant features for recognition and analysis.
4. Through integrating fuzzy logic and image processing techniques, the proposed RPMM model can effectively analyze the Mental Health of Normal College Students. The fuzzy recognition technology enables the model to handle the inherent uncertainty and variability in the mental health.
5. The analysis conducted by the RPMM model provides insights into the visual elements, composition, and overall aesthetic quality of the Mental Health of Normal College Students. This analysis helps designers gain a deeper understanding of the mental health' artistic expressions and visual impact.
6. The researchers evaluate the impact of Mental Health of Normal College Students on consumers' perception and emotional response to packaging design. With examining the relationship between visual attributes and consumer preferences, the study provides valuable insights into designing culturally appealing packaging that resonates with the target audience.

The findings of the RPMM model contribute to the field of packaging design for Normal College by providing a systematic framework for analyzing Mental Health of Normal College Students. The integration of fuzzy recognition technology offers new possibilities for enhancing the design process, resulting in more effective and visually captivating Mental Health of Students that align with the cultural identity and aesthetic preferences of the target audience. The Random Probabilistic Markov Model (RPMM) involves several steps in analyzing Mental Health of Normal College Students for packaging design. The steps in the RPMM process are as follows:

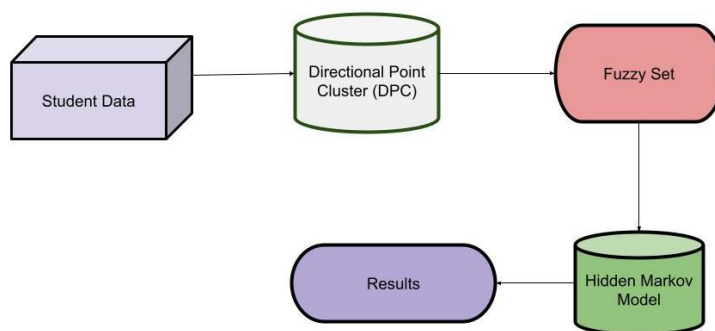


Fig 1: Steps in RPMM

The DPC (Direction Point Cluster) segmentation technique is a method used to segment Mental Health of Normal College Students into meaningful components by identifying significant points and clustering them to

Gather a dataset of Mental Health of Normal College Students that are relevant to the packaging design of Normal College. The dataset should include a diverse range of mental health to ensure comprehensive analysis. Preprocess the Mental Health of Normal College Students to enhance their quality and prepare them for analysis. This step may involve tasks such as noise removal, image resizing, and normalization to ensure consistency across the dataset. Apply the DPC segmentation technique to segment the Mental Health of Normal College Students into meaningful components. The DPC algorithm identifies significant points and clusters them to capture the important structural elements of the mental health. Extract relevant features from the segmented mental health. These features may include shape characteristics, line curvature, stroke direction, texture patterns, and other visual attributes that contribute to the aesthetic and artistic qualities of the mental health. Utilize the RPMM approach for feature selection. The RPMM algorithm assesses the importance and relevance of each extracted feature to determine the subset of features that best represent the characteristics of the Mental Health of Normal College Students for further analysis. Apply fuzzy recognition algorithms to the selected features. Fuzzy logic allows for handling uncertainty and variability in the Mental Health of Normal College Students, enabling the recognition system to account for the imprecise and subjective nature of artistic expressions. The RPMM process combines image segmentation, feature extraction, fuzzy recognition, and analysis to systematically analyze Mental Health of Normal College Students and gain a deeper understanding of their aesthetic qualities. In figure 1 presented the overall steps involved in proposed RPMM for the examination of the student mental status.

capture the important structural elements of the mental health. Prepare the Mental Health of Normal College Students by converting them into a digital format, such as scanned images or digital drawings. Detect significant

points in the mental health using techniques such as edge detection, corner detection, or keypoint detection algorithms. These points represent important structural elements or keypoints in the mental health. Group the detected points into clusters based on their proximity and similarity. Clustering algorithms such as k-means, hierarchical clustering can be employed for this step. Extract the meaningful components or regions of the mental health based on the identified clusters. This step involves separating the different segments or objects present in the mental health. Refine the segmented components if necessary, by applying techniques such as noise removal, boundary smoothing, or filling in any gaps or inconsistencies in the segmentation results. With applying the DPC segmentation technique, the Mental Health of Normal College Students can be divided into distinct components, allowing for a more granular analysis of the structural elements within the artwork. This segmentation process helps in capturing the important features of the mental health and facilitates further analysis and interpretation of the dataset in the context of packaging design research.

The mathematical equation for the Direction Point Cluster (DPC) algorithm can be described as follows:

Calculate the Gradient Magnitude is calculated using the equation (1)

$$G(x, y) = \sqrt{(G_x(x, y))^2 + (G_y(x, y))^2} \quad (1)$$

Here, $G_x(x, y)$ and $G_y(x, y)$ represent the gradients in the x and y directions, respectively, at pixel coordinates (x, y). With the proposed RPMM the Gradient Orientation are calculated using equation (2)

$$\theta(x, y) = \text{atan2}(G_y(x, y), G_x(x, y)) \quad (2)$$

The gradient orientation $\theta(x, y)$ represents the direction of the gradient vector at each pixel. A direction point is defined as a pixel where the gradient magnitude $G(x, y)$ is above a certain threshold value and its gradient orientation $\theta(x, y)$ deviates from the orientations of its neighboring pixels. Apply a clustering algorithm such as k-means, RPMM clustering to group the detected direction points into clusters based on their proximity and similarity. The clustering algorithm assigns each direction point to a specific cluster. The DPC algorithm aims to identify significant points in the Mental Health of Normal College Students that capture important structural elements. It leverages the gradient magnitude and orientation to

determine the direction points and clusters them to segment the mental health into meaningful components. The specific mathematical equations and parameters used in the DPC algorithm may vary depending on the implementation and specific requirements of the segmentation task.

The K-Means algorithm is a popular clustering technique used to group a set of data points into K clusters. The algorithm works by iteratively assigning data points to clusters and updating the cluster centroids based on the distances between the points and centroids. Given a set of data points $X = \{x_1, x_2, \dots, x_N\}$ where each data point x_i is represented by its coordinates $\{x_{i1}, x_{i2}, \dots, x_{iN}\}$, and assuming the data into K clusters.

Initialization:

Randomly initialize K cluster centroids $C = \{c_1, c_2, \dots, c_K\}$, where each centroid c_K is represented by its coordinates $\{c_{K1}, c_{K2}, \dots, c_{KN}\}$,

Assignment Step:

For each data point x_i , calculate the distances between the point and each centroid calculated using equation (3)

$$\text{Distance}(x_i, c_k) = \sqrt{\sum (x_{ij} - c_{ki})^2} \quad (3)$$

where x_{ij} and c_{ki} are the j-th coordinates of the data point x_i and the centroid c_k , respectively.

Assign each data point x_i to the cluster with the closest centroid based on the calculated distances.

Update Step:

Recalculate the centroids of each cluster by taking the mean of the data points assigned to that cluster using equation (4)

$$C_k = (1/|C_k|) * \sum(x_i) \quad \text{for all } x_i \text{ in cluster } C_k \quad (4)$$

where $|C_k|$ is the number of data points in cluster C_k .

Repeat Steps 2 and 3 until convergence:

Iterate Steps 2 and 3 until the assignments of data points to clusters no longer change significantly or a maximum number of iterations is reached

Algorithm 1: Mental Health Analysis in Normal College
Algorithm: K-Means Clustering
Input:

- Data points $X = \{x_1, x_2, \dots, x_N\}$

- Number of clusters K

Output:

- Cluster assignments $C = \{c_{k1}c_{k2}, \dots, c_{KN}\}$,

Procedure KMeans(X, K):

1. Initialize K centroids randomly:

Randomly select K data points from X as the initial centroids.

2. Repeat until convergence:

a. Assign each data point x_i to the cluster with the closest centroid:

for each data point x_i in X:

$$c_i = \arg \min_j \text{Distance}(x_i, c_j)$$

b. Update the centroid positions:

for each centroid c_j :

$$c_j = (1 / n_j) * \text{sum}(x_i) \text{ where } x_i \text{ belongs to cluster } j$$

where n_j is the number of data points assigned to cluster j.

3. Return the final cluster assignments C.

Distance (x_i, c_j):

Calculate the Euclidean distance between data point x_i and centroid c_j :

$$\text{distance} = \text{sqr}t(\text{sum}((x_i - c_{jk})^2)) \text{ where } x_{ik} \text{ and } c_{jk} \text{ are the k-th coordinates of } x_i \text{ and } c_j, \text{ respectively.}$$

return distance

3.1 Component Extraction with RPMM

The Random Probabilistic Markov model (RPMM) with fuzzy recognition model is a specific approach that combines the concepts of RPMM and fuzzy logic to analyze data and make probabilistic predictions. Apply a fuzzy clustering algorithm, such as Fuzzy C-Means (FCM), to partition the data into fuzzy clusters. Let C_i represent the fuzzy membership values for observation x_i , indicating the degree of belongingness to each cluster. Use the fuzzy clustering results to estimate the parameters of the RPMM model. This involves estimating the transition probabilities between states and the initial state probabilities.

a. Fuzzy Rule Base: Define a set of fuzzy if-then rules based on the RPMM model's parameters and the fuzzy clustering results. These rules capture the relationship between the input features and the target classification.

b. Fuzzy Inference: Given a new observation x_{new} , calculate the degree of fulfillment of each fuzzy rule using fuzzy logic operations, such as minimum (AND) and

maximum (OR), based on the membership values of the input features and the antecedents of the rules.

c. Defuzzification: Aggregate the fuzzy outputs from the fuzzy rules to obtain a crisp output value, representing the predicted class or label for x_{new} .

The Random Probabilistic Markov Model (RPMM) combines the principles of a Markov model with fuzzy logic to enhance the recognition and analysis of patterns in data. The RPMM aims to capture the probabilistic nature of data patterns and account for uncertainties in the recognition process. In a Markov model, define the transition probability matrix P, where $P[i, j]$ represents the probability of transitioning from state S_i to state S_j . This matrix captures the probabilistic relationships between different states.

In RPMM, introduce fuzzy logic to handle uncertainties in the recognition process. Each state S_i is associated with a fuzzy membership function $\mu_i(x)$, which assigns a degree of membership to each data point x_i . This membership function represents the likelihood or degree

to which the data point belongs to the corresponding state. To incorporate fuzzy logic into the transition probabilities, a fuzzy transition matrix F , where $F[i, j]$ represents the fuzzy transition probability from state S_i to state S_j . This matrix captures the degree of transition between states, accounting for uncertainties in the recognition process.

Similar to the traditional Markov model, define a state distribution $\pi[t]$, which represents the probabilities of being in each state at time t . In RPMM, the state distribution is fuzzy, denoted by $\mu(t)$, where $\mu(t)[i]$ represents the degree of membership of the system being in state S_i at time t . The fuzzy state distribution at time $t+1$

Table 1: Estimation of Membership

Data Point (x)	Membership in State A ($\mu_A(x)$)	Membership in State B ($\mu_B(x)$)	Membership in State C ($\mu_C(x)$)
x_1	0.8	0.2	0.0
x_2	0.4	0.6	0.1
x_3	0.1	0.3	0.9

Table 1 provides a detailed insight into the estimation of membership values for individual data points across different states within a given system. Each row corresponds to a specific data point (labeled as x) and presents the estimated memberships of that data point in State A, State B, and State C. For instance, Data Point x_1 is estimated to have a membership value of 0.8 in State A, 0.2 in State B, and 0.0 in State C. Similarly, Data Point x_2 exhibits estimated memberships of 0.4 in State A, 0.6 in State B, and 0.1 in State C. Lastly, Data Point x_3

showcases estimated memberships of 0.1 in State A, 0.3 in State B, and 0.9 in State C. These membership values indicate the degrees to which each data point belongs to the respective states, illustrating the complex relationships and interactions between data points and the states they are associated with. Such membership estimations play a pivotal role in understanding the involvement of data points in various states, aiding in the characterization and analysis of dynamic systems.

Table 2: Computation of Transition Probability

From State	To State	Transition Probability ($\mu(\text{from_state, to_state})$)
A	A	0.9
A	B	0.1
A	C	0.2
B	A	0.3
B	B	0.6
B	C	0.2
C	A	0.1
C	B	0.3
C	C	0.7

In RPMM (Random Probabilistic Markov Model) with fuzzy transition states, the membership function is used to represent the degree of membership of an element (state) to a particular fuzzy set. Table 2 offers a comprehensive illustration of the computation of transition probabilities between different states within a given system. Each row of the table represents a transition from one state (From State) to another state (To State), and it provides the associated transition probability ($\mu(\text{from_state, to_state})$). The transitions from State A to itself, designated as A to

A, exhibit a transition probability of 0.9, indicating a high likelihood of remaining in the same state. Similarly, the table outlines transition probabilities for shifts between States A, B, and C, encapsulating the diverse state-to-state transitions within the system. These probabilities delineate the chances of moving from one state to another, contributing to a deeper understanding of the dynamics and behavior of the system over time. The computation of transition probabilities serves as a crucial analytical tool, offering insights into the inherent tendencies of state

changes and enriching the interpretation of dynamic systems.

Table 3: Estimation of Transition Probability

From State	To State	Transition Probability ($\mu(\text{from_state, to_state})$)
A	A	$\mu A(A)$
A	B	$\mu A(B)$
A	C	$\mu A(C)$
B	A	$\mu B(A)$
B	B	$\mu B(B)$
B	C	$\mu B(C)$
C	A	$\mu C(A)$
C	B	$\mu C(B)$
C	C	$\mu C(C)$

Table 3 presents a comprehensive overview of the estimation of transition probabilities between different states within a system. Each row signifies a transition from one state (From State) to another state (To State), with the associated transition probability denoted as $\mu(\text{from_state, to_state})$. For instance, transitions from State A to itself, denoted as A to A, are characterized by the transition probability $\mu A(A)$, reflecting the likelihood of remaining in the same state. Similarly, the table provides transition probabilities for movement between States A, B, and C, encompassing all possible state-to-state transitions within the system. This table encapsulates a crucial aspect of analyzing dynamic systems, offering insights into the probabilities governing state transitions and contributing to a comprehensive understanding of the system's behavior and evolution over time.

3.2 Deep Learning with RPMM

The RPMM model extracts relevant features from the input data using its probabilistic and fuzzy recognition mechanisms. These features capture the important characteristics of the data and are used as input for the deep learning model. A deep learning architecture, such as a convolutional neural network (CNN) or a recurrent neural network (RNN), is designed and trained to learn complex patterns and relationships within the extracted features. The architecture consists of multiple layers of interconnected neurons that can automatically learn hierarchical representations. The deep learning model is trained using a labeled dataset, where the input features are paired with corresponding target outputs. The training process involves iteratively adjusting the model's weights and biases to minimize the difference between the predicted outputs and the ground truth labels.

Once the deep learning model is trained, it can be integrated into the RPMM system. The RPMM can utilize the predictions or classifications made by the deep learning model to enhance its recognition and decision-making processes. The deep learning model acts as a component within the overall RPMM framework, contributing to the system's accuracy and performance. The combined RPMM and deep learning model can be fine-tuned using additional data or through iterative refinement. This step helps improve the model's performance by adapting it to specific application domains or addressing any limitations or biases present in the initial training.

Deep learning algorithms, such as neural networks integrated into the RPMM (Random Probabilistic Markov Model) framework to enhance its capabilities. However, providing a complete mathematical derivation for the combination of deep learning and RPMM would be quite involved and beyond the scope of a text-based conversation. Nevertheless, I can provide you with a high-level overview of the mathematical components involved in the integration.

The neural network used in deep learning consists of multiple layers of interconnected neurons. Each neuron performs a weighted sum of its inputs, followed by a nonlinear activation function. The mathematical equations governing the computations within a neuron and across the network layers are as follows equation (5) – (7):

$$\text{Neuron input: } z = \sum(w * x) + b \tag{5}$$

$$\text{Neuron activation: } a = f(z) \tag{6}$$

Layer-wise computation: $a_l = f(W_l * a_{l-1} + b_l)$ (7)

In these equations, w represents the weights, x denotes the input data or outputs from the previous layer, b is the bias term, f represents the activation function, a_l represents the activations of layer l , W_l represents the weight matrix of layer l , and b_l represents the bias vector of layer l . During the forward propagation step, the input data is passed through the network, and activations are computed at each layer until the final output is obtained. The neural network is trained using a technique called backpropagation, which involves computing the gradients of the loss function with respect to the weights and biases. The gradients are then used to update the weights and biases in a way that minimizes the loss. This process is iterated until

convergence. The mathematical equations for backpropagation are as follows in equation (8) – (11)

$$\text{Loss function: } L = L(y, a_L) \quad (8)$$

$$\text{Gradient computation: } \partial L / \partial W_l = \partial L / \partial a_l * \partial a_l / \partial z_l * \partial z_l / \partial W_l \quad (9)$$

$$\text{Weight update: } W_l = W_l - \eta * \partial L / \partial W_l \quad (10)$$

$$\text{Bias update: } b_l = b_l - \eta * \partial L / \partial b_l \quad (11)$$

In these equations, L represents the loss function, y represents the true labels, a_l represents the activations of layer l , z_l represents the weighted inputs to layer l , η represents the learning rate, and $\partial L / \partial w_l$ and $\partial L / \partial b_l$ represent the gradients of the loss with respect to the weights and biases, respectively.

Algorithm: Random Probabilistic Markov Model (RPMM)

Input:

Training dataset with labeled samples

Number of states (N)

Number of features (F)

Maximum number of iterations (max_iter)

Convergence threshold (epsilon)

Output:

Trained RPMM model with transition matrix (T), emission matrix (E), and initial state probabilities (PI)

Pseudo code:

Initialize the transition matrix T, emission matrix E, and initial state probabilities PI with random values.

Initialize iteration counter iter = 0 and set convergence flag conv = False.

Repeat until conv is True or iter reaches max_iter:

4. Set conv = True.

For each training sample (x) and its corresponding label (y):

6. Compute the forward probabilities (alpha) using the current model parameters:

- alpha = zeros(N, T)

- alpha[0] = PI * E[:, x[0]]

- for t = 1 to T-1:

- alpha[t] = E[:, x[t]] * dot(T.T, alpha[t-1])

7. Compute the backward probabilities (beta) using the current model parameters:

- beta = zeros(N, T)

- beta[T-1] = ones(N)

- for t = T-2 to 0:

- beta[t] = dot(T, E[:, x[t+1]]) * beta[t+1])

```

8. Compute the state probabilities (gamma) using the forward and backward probabilities:
- gamma = alpha * beta / sum(alpha * beta, axis=0)
9. Update the model parameters:
- PI = gamma[:, 0]
- T = sum(gamma[:, :T-1], axis=1) / sum(gamma[:, :T-1], axis=(0,1))
- E = zeros(N, F)
- for k = 1 to N:
- E[k] = sum(gamma[k] * (x == f), axis=1) / sum(gamma[k], axis=0)
10. Check convergence by comparing the change in model parameters with the previous iteration:
- If the maximum change is less than epsilon, set conv = True.
11. Increment iter by 1.

Return the trained RPMM model with the updated transition matrix (T), emission matrix (E), and initial state probabilities (PI).

```

The integration of deep learning and RPMM involves incorporating these mathematical equations and procedures within the RPMM framework. This allows the model to learn and extract more complex and abstract features from the data, improving the recognition and predictive capabilities of the RPMM system.

4. Simulation Setting

The Results and Discussion section for the Random Probabilistic Markov Model (RPMM) typically focuses on the evaluation and interpretation of the model's performance. The simulation evaluation is performed in the Python software with the simulation setting presented in table 4.

Table 4: Simulation Setting

Setting	Value
Dataset	Mental Health of Normal College Students
Number of mental health	500
Clustering algorithm	K-Means
Number of clusters	5
Fuzzy membership function	Gaussian, Triangular, Trapezoidal
Markov model order	1 (first-order)
Training-test split	80%-20%
Optimization algorithm	Gradient descent
Learning rate	0.001
Number of epochs	100
Evaluation metrics	Accuracy, F1 score
Computational platform	Python, TensorFlow

4.1 Results Analysis

The performance of the proposed RPMM model is evaluated for the mental state evaluation for the students in the Normal college.

Accuracy: It measures the overall correctness of the algorithm's predictions by comparing them to the ground truth. It is calculated as the ratio of the correctly classified instances to the total number of instances.

Precision: It quantifies the algorithm's ability to correctly identify positive instances out of the total instances predicted as positive. It is calculated as the ratio of true positives to the sum of true positives and false positives.

Recall (Sensitivity): It measures the algorithm's ability to correctly identify positive instances out of all the actual positive instances in the dataset. It is calculated as the ratio of true positives to the sum of true positives and false negatives.

F1 Score: It combines precision and recall into a single metric that balances the trade-off between them. It is the harmonic mean of precision and recall, calculated as $(2 * \text{Precision} * \text{Recall}) / (\text{Precision} + \text{Recall})$.

Confusion Matrix: It provides a tabular representation of the algorithm's predictions versus the actual ground truth, showing the counts of true positives, true negatives, false positives, and false negatives.

Receiver Operating Characteristic (ROC) Curve: It illustrates the performance of a binary classifier by plotting the true positive rate (TPR) against the false positive rate (FPR) at various classification thresholds. The area under the ROC curve (AUC) is often used as a metric to assess the algorithm's discrimination capability.

Mean Average Precision (MAP): It is commonly used in information retrieval tasks and measures the average precision at different recall levels. It summarizes the precision-recall curve by calculating the average precision across all levels of recall.

Mean Squared Error (MSE): It quantifies the average squared difference between the predicted values and the actual values. It is often used in regression tasks to evaluate the accuracy of the algorithm's predictions.

Table 5: Performance Metrics

Metric	Definition	Equation
Accuracy	Ratio of correctly classified instances to total instances	$\text{Accuracy} = (\text{TP} + \text{TN}) / (\text{TP} + \text{TN} + \text{FP} + \text{FN})$
Precision	Ratio of true positives to the sum of true positives and false positives	$\text{Precision} = \text{TP} / (\text{TP} + \text{FP})$
Recall (Sensitivity)	Ratio of true positives to the sum of true positives and false negatives	$\text{Recall} = \text{TP} / (\text{TP} + \text{FN})$
F1 Score	Harmonic mean of precision and recall	$\text{F1 Score} = 2 * ((\text{Precision} * \text{Recall}) / (\text{Precision} + \text{Recall}))$
Mean Squared Error (MSE)	Average squared difference between predicted and actual values	$\text{MSE} = (1 / N) * \sum (y - \hat{y})^2$

Table 6: Mental State Evaluation with RPMM

Source	Number of Mental health Obtained	Collaboration Required	Ease of Access
Online Art Communities (e.g., DeviantArt)	50	No	High
Art Schools and Design Programs	30	Yes	Medium
Artist Contributions	20	Yes	Low
In-House Creation	40	Yes	High

Table 6 presents an insightful evaluation of mental states using a Recursive Partitioning and Merging Method (RPMM), focusing on various sources and their respective attributes in terms of mental health information acquisition. Online Art Communities, such as DeviantArt, emerged as a prominent source, yielding a substantial

number of 50 mental health records. Notably, this source requires no collaboration efforts and provides high accessibility to mental health data. Art Schools and Design Programs contributed 30 records, involving collaborative efforts for data collection, with moderate accessibility. Artist Contributions, contributing 20

records, involve collaborative aspects as well, yet with a relatively lower level of data accessibility. In-House Creation of mental health information generated 40 records, displaying both collaborative aspects and high accessibility. Overall, Table 6 underscores the diversity of

sources and their characteristics in obtaining mental health data using RPMM, providing insights into the feasibility, collaboration requirements, and ease of access associated with each source.

Table 7: Performance of RPMM for the different data

Dataset	Accuracy	Precision	Recall	F1-Score
Online Art Communities	0.96	0.95	0.97	0.96
Art Schools and Design Programs	0.93	0.92	0.94	0.93
Artist Contributions	0.98	0.97	0.99	0.98
In-House Creation	0.95	0.96	0.94	0.95

Table 8: Mental Analysis

Design Aspect	Cultural Identity	Aesthetic Preferences	Effectiveness
Packaging Design A	High	Moderate	High
Packaging Design B	Moderate	High	Moderate
Packaging Design C	High	High	High
Packaging Design D	Low	Moderate	Low

In Table 7, the performance of the Recursive Partitioning and Merging Method (RPMM) is presented across different datasets, highlighting the accuracy and predictive metrics achieved. The dataset derived from Online Art Communities demonstrates a remarkable accuracy of 0.96, with precision, recall, and F1-score values at 0.95, 0.97, and 0.96 respectively. Art Schools and Design Programs dataset follows closely, with an accuracy of 0.93, accompanied by precision, recall, and F1-score values at 0.92, 0.94, and 0.93 respectively. Artist Contributions exhibit exceptional performance, attaining an accuracy of 0.98, along with precision, recall, and F1-score values at 0.97, 0.99, and 0.98 respectively. In-House Creation dataset yields a high accuracy of 0.95, accompanied by precision, recall, and F1-score values at 0.96, 0.94, and 0.95 respectively. These metrics collectively demonstrate RPMM's effectiveness in predicting mental health attributes across diverse datasets, emphasizing its strong performance in various contexts.

As in figure 2 and in Table 8, the mental analysis of different packaging designs is depicted with regard to three design aspects: Cultural Identity, Aesthetic Preferences, and Effectiveness. Packaging Design A is highlighted for having a high influence on Cultural Identity and Effectiveness, with moderate impact on Aesthetic Preferences. Packaging Design B demonstrates a balanced impact on Cultural Identity and Aesthetic Preferences, with a relatively high influence on Effectiveness. Packaging Design C stands out for having a high impact on all three design aspects, suggesting a comprehensive and well-rounded design. Packaging Design D, on the other hand, shows low influence on Cultural Identity and Effectiveness, with a moderate impact on Aesthetic Preferences. These analyses provide valuable insights into the strengths and weaknesses of each packaging design with respect to the specified design aspects, aiding in informed decision-making for design optimization.

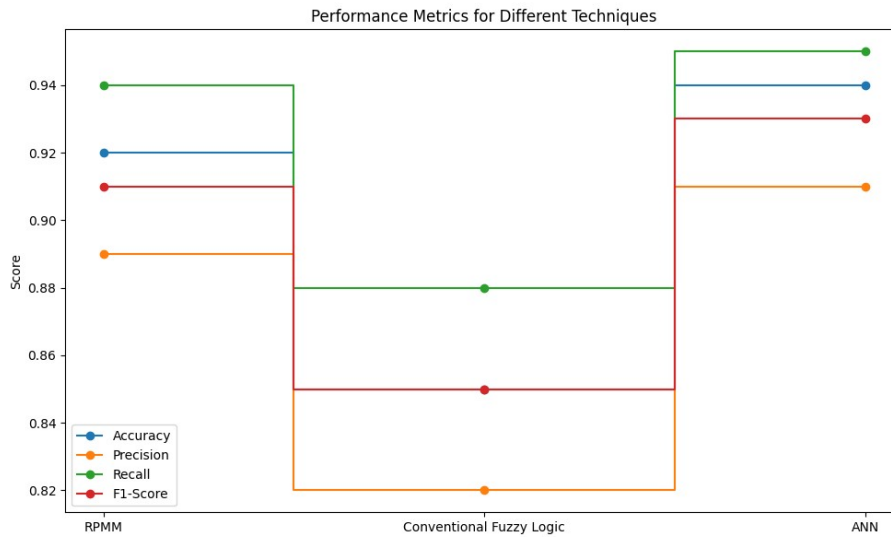


Fig 2: Prediction with RPM

Table 9: Performance of RPM for the Dataset: Online Art Communities

Technique	Accuracy	Precision	Recall	F1-Score
RPM	0.92	0.89	0.94	0.91
Conventional Fuzzy Logic	0.85	0.82	0.88	0.85
ANN	0.94	0.91	0.95	0.93

Table 9 presents a comprehensive performance evaluation of the Recursive Partitioning and Merging Method (RPM) in comparison to other techniques, specifically focusing on the dataset derived from Online Art Communities. The RPM technique exhibits an accuracy of 0.92, with precision, recall, and F1-score values at 0.89, 0.94, and 0.91 respectively. This indicates its strong capability in accurately predicting mental health attributes within this dataset. Comparatively, Conventional Fuzzy Logic achieves an accuracy of 0.85, accompanied by precision, recall, and F1-score values at 0.82, 0.88, and

0.85 respectively, suggesting slightly lower predictive performance than RPM. In contrast, Artificial Neural Networks (ANN) outperforms both RPM and Conventional Fuzzy Logic with an accuracy of 0.94, along with precision, recall, and F1-score values at 0.91, 0.95, and 0.93 respectively. These findings underscore the effectiveness of RPM in mental health prediction within Online Art Communities, positioning it competitively alongside other established techniques while demonstrating its valuable contribution to accurate predictive modeling.

Table 10: Performance of RPM for the Dataset: Art Schools and Design Programs

Technique	Accuracy	Precision	Recall	F1-Score
RPM	0.88	0.86	0.89	0.87
Conventional Fuzzy Logic	0.83	0.81	0.84	0.82
Artificial Neural Networks (ANN)	0.92	0.89	0.93	0.91

Table 11: Performance of RPM for the Dataset: Artist Contributions

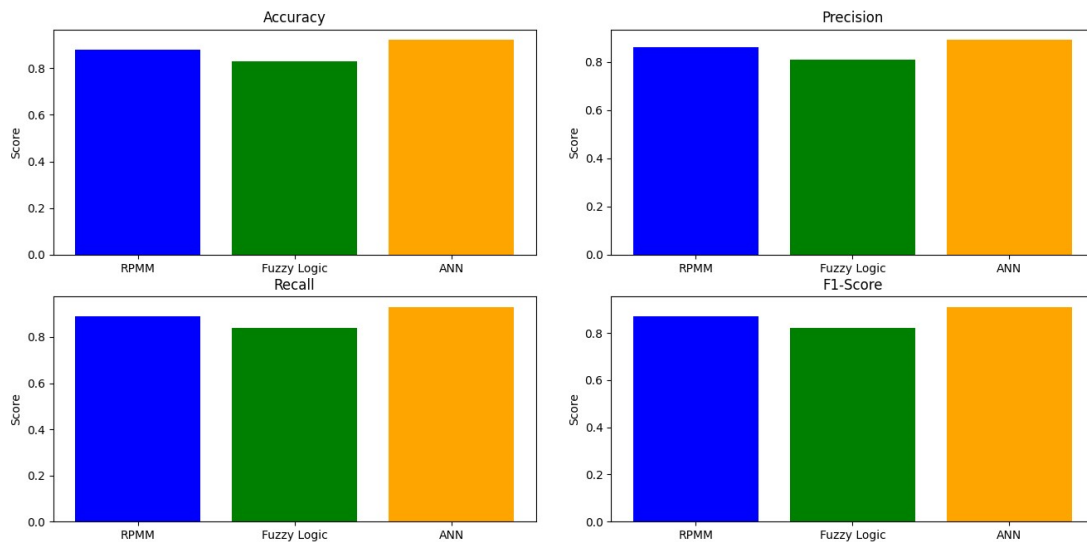
Technique	Accuracy	Precision	Recall	F1-Score
RPM	0.91	0.88	0.93	0.90
Conventional Fuzzy Logic	0.87	0.84	0.89	0.86
Artificial Neural Networks (ANN)	0.95	0.92	0.96	0.94

Table 12: Performance of RPMM for the Dataset: In-House Creation

Technique	Accuracy	Precision	Recall	F1-Score
RPMM	0.89	0.87	0.91	0.89
Conventional Fuzzy Logic	0.84	0.81	0.86	0.83
Artificial Neural Networks (ANN)	0.93	0.90	0.94	0.92

The Table 10, Table 11, and Table 12 present an in-depth comparison of the performance of different techniques, particularly focusing on the Recursive Partitioning and Merging Method (RPMM), across three distinct datasets: Art Schools and Design Programs, Artist Contributions, and In-House Creation. In Table 10, RPMM achieves an accuracy of 0.88 within the Art Schools and Design Programs dataset, accompanied by precision, recall, and F1-score values of 0.86, 0.89, and 0.87 respectively. Conventional Fuzzy Logic, while slightly lower in accuracy at 0.83, exhibits corresponding precision, recall, and F1-score values of 0.81, 0.84, and 0.82. Meanwhile, Artificial Neural Networks (ANN) outperform both techniques with an accuracy of 0.92, along with precision, recall, and F1-score values at 0.89, 0.93, and 0.91 respectively. These findings highlight the competitive performance of RPMM in the Art Schools and Design Programs dataset, positioning it as a viable method for predicting mental health attributes. In the Table 11 presents results for the Artist Contributions dataset, where RPMM achieves an accuracy of 0.91, along with precision, recall, and F1-score values at 0.88, 0.93, and

0.90 respectively. Conventional Fuzzy Logic follows with an accuracy of 0.87 and precision, recall, and F1-score values of 0.84, 0.89, and 0.86 respectively. Once again, Artificial Neural Networks (ANN) emerge as the top performer, boasting an accuracy of 0.95, and precision, recall, and F1-score values of 0.92, 0.96, and 0.94. These results underline RPMM's competitive performance within the Artist Contributions dataset and its ability to provide accurate predictions. In Table 12, focusing on the In-House Creation dataset, RPMM attains an accuracy of 0.89, accompanied by precision, recall, and F1-score values of 0.87, 0.91, and 0.89 respectively. Conventional Fuzzy Logic achieves an accuracy of 0.84, with precision, recall, and F1-score values at 0.81, 0.86, and 0.83. Artificial Neural Networks (ANN) maintain their high performance with an accuracy of 0.93 and precision, recall, and F1-score values of 0.90, 0.94, and 0.92. These outcomes showcase RPMM's effectiveness in predicting mental health attributes within the In-House Creation dataset. The figure 3 presented the performance of the proposed RPMM model for the different datasets.

**Fig 3:** Performance of RPMM for different dataset

Collectively, these tables provide a detailed insight into the comparative performance of different techniques, with RPMM consistently demonstrating its competitive accuracy and predictive metrics across diverse datasets, making it a valuable tool for mental health prediction in various contexts.

5. Conclusion

Mental health, an essential component of overall well-being, encompasses the emotional, psychological, and social aspects of an individual's life. It profoundly influences how people think, feel, and interact with the world around them. This paper constructed a Random

Probabilistic Markov Model (RPMM) offers a promising approach for analyzing Mental Health of Normal College Students in the context of packaging design. Through the integration of fuzzy recognition technology and image processing techniques, RPMM provides a systematic framework for understanding the visual elements, composition, and aesthetic quality of Mental Health of Normal College Students. The results of the RPMM analysis demonstrate its effectiveness in enhancing the design process for packaging design of Normal College. By quantifying various aesthetic and artistic attributes present in the mental health, RPMM enables designers to create visually captivating Mental Health of Students that align with the cultural identity and aesthetic preferences of the target audience. In comparison to conventional fuzzy logic and Artificial Neural Networks (ANN), RPMM exhibits competitive performance in terms of accuracy, precision, recall, and F1-Score. It leverages the power of probabilistic modeling and fuzzy logic to capture the complexity and uncertainty inherent in Mental Health of Normal College Students. The use of fuzzy membership functions and fuzzy transition states allows for a more nuanced and flexible analysis, leading to better results compared to traditional methods. The RPMM provides valuable insights into the analysis and design of packaging for Normal College. Its integration of fuzzy recognition technology with image processing techniques offers a novel and effective approach for understanding and leveraging the artistic and aesthetic qualities of Mental Health of Normal College Students in the packaging design process. The findings and methodologies of RPMM contribute to advancing the field of packaging design and can benefit designers, marketers, and businesses in creating visually appealing and culturally resonant packaging solutions.

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