

# Breast Cancer Detection Using CNNs on Mammogram Images: A Dataset-Level Comparison of CBIS-DDSM, INbreast, and MIAS

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**Abstract:** This study presents a CNN-based deep learning model for the automated diagnosis and classification of breast cancer using only mammographic images. Mammograms are a primary tool in breast cancer screening due to their accessibility and cost-effectiveness. The proposed model performs end-to-end learning from raw mammographic inputs through convolutional layers to predict benign or malignant conditions. Preprocessing techniques such as contrast enhancement and noise removal are applied to improve image quality. The model is trained and validated using publicly available mammography datasets (e.g., CBIS-DDSM), achieving high diagnostic performance in terms of accuracy, sensitivity, and specificity. Explainability techniques like Grad-CAM are incorporated to visualize regions of interest contributing to the diagnosis.

**Keywords:** Breast Cancer Detection, Mammogram Classification, CNN, Deep Learning, Medical Image Analysis, Benign vs Malignant, Grad-CAM Explainability, Computer-Aided Diagnosis (CAD)

## 1. Introduction

Breast cancer remains a major global health concern and stands as the most commonly diagnosed cancer among women. The World Health Organization (WHO) has consistently highlighted the increasing burden of this disease, particularly in developing nations where early screening facilities are often limited. The effectiveness of breast cancer treatment is heavily dependent on early diagnosis, as early-stage detection significantly improves survival rates and reduces the cost and complexity of treatment. Among the various screening modalities, mammography is widely accepted as the most efficient and cost-effective technique for detecting abnormalities in breast tissue. However, the interpretation of mammogram images is inherently challenging due to overlapping tissues, variations in breast density, and the subtle nature of early-stage lesions. This often leads to a high rate of false positives and false negatives, which may delay critical medical intervention or cause undue stress to patients.

To address these challenges, Artificial Intelligence (AI) has emerged as a transformative technology in the field

of medical imaging. AI-based diagnostic tools, especially those powered by deep learning, offer the potential to enhance the accuracy and efficiency of breast cancer detection.

Convolutional Neural Networks (CNNs), a class of deep learning models designed for image analysis, have gained considerable attention due to their capability to learn hierarchical representations of complex visual patterns. CNNs have been successfully applied to numerous medical imaging tasks, ranging from organ segmentation to disease classification, owing to their ability to detect subtle features that may be imperceptible to the human eye.

Despite their proven effectiveness, many AI-driven diagnostic systems rely on multi-modal data inputs such as MRI, ultrasound, or clinical records in addition to mammograms. While such hybrid systems may achieve high performance, they also introduce additional complexity, reduce accessibility in resource-limited settings, and increase dependency on heterogeneous data sources. There is a pressing need for focused, single-modality solutions that can be deployed widely and with minimal infrastructural requirements. The use of only mammogram images in a CNN-based diagnostic system simplifies implementation while maintaining clinical relevance, particularly for large-scale population screening programs.

This study proposes a comprehensive, end-to-end deep learning framework using CNNs for the automated detection and diagnosis of breast cancer from mammogram images. The proposed model eliminates

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the need for handcrafted feature engineering and instead learns directly from pixel-level data, allowing for a more adaptable and scalable diagnostic process. Additionally, to address concerns about the “black-box” nature of AI models, this system integrates explainability techniques such as Grad-CAM (Gradient-weighted Class Activation Mapping), enabling clinicians to visualize the regions of mammograms that most influenced the diagnostic decision.

The objective of this research is to design, train, and evaluate a CNN model using a well-structured mammogram dataset (e.g., CBIS-DDSM), focusing on binary classification of tumors as benign or malignant. Through rigorous testing and validation using industry-standard performance metrics, the study aims to demonstrate the viability of CNNs as a reliable, interpretable, and scalable tool for breast cancer screening using mammography alone.

## 2. Related Works

The application of Convolutional Neural Networks (CNNs) in breast cancer diagnosis has gained significant momentum in recent years due to their remarkable capability to analyze complex visual patterns in medical images. A considerable number of studies have explored CNN-based frameworks across diverse imaging modalities, offering insights into network design, training strategies, and the clinical applicability of such systems.

Alom et al. (2020) [1] proposed an Inception Recurrent Residual CNN (IRRCNN) model for classifying histopathological breast cancer images. While not based on mammograms, the study introduced architectural innovations such as residual connections and inception layers that enhanced both accuracy and convergence. These ideas influence mammogram-based models by promoting efficient feature learning and reduced overfitting.

Awan et al. (2021) [2] further advanced this line of research by presenting an optimized CNN tailored for breast cancer detection using medical images. Their model focused on computational efficiency and detection precision, offering a robust foundation for clinical deployment. Although their work wasn't modality-specific, the improvements in layer architecture and training strategies are applicable to mammographic image analysis.

Focusing directly on mammograms, Dhungel et al. (2021) [3] combined CNNs with structured prediction techniques for automated segmentation of breast masses. Their system demonstrated that accurate localization of suspicious regions significantly improves diagnostic outcomes. This study underscores the importance of preprocessing and mass segmentation in mammogram-only diagnostic pipelines.

The comprehensive review by Murtaza et al. (2020) [4] explored various CNN-based systems in medical imaging, outlining their strengths, challenges, and future directions. It highlighted CNNs' dominance in breast cancer detection, emphasizing model transparency and lightweight deployment for real-world application. This work contextualizes the need for streamlined, modality-specific frameworks like the one proposed in the current study.

Araújo et al. (2020) [5] developed a CNN model for classifying breast cancer histology images. While the imaging type differed, their successful implementation of end-to-end learning and automated feature extraction validated CNNs' effectiveness in differentiating benign from malignant cases, a principle equally important in mammogram analysis.

Sultana et al. (2021) [6] provided a detailed examination of deep CNN architectures used in medical image segmentation. Their discussion on U-Net, ResNet, and related models offered valuable insights into structure selection and performance trade-offs. These considerations are crucial when choosing suitable CNN designs for mammogram-based detection.

Rakhlin et al. (2022) [7] presented a patch-based CNN classification system for breast histology images, allowing for localized analysis and improved classification. Although not focused on mammograms, the patch-wise strategy and model generalization techniques support similar applications in mammographic lesion classification.

Sadaf et al. (2023) [8] addressed the growing demand for explainability in AI systems by integrating Grad-CAM into a CNN model for mammogram analysis. Their work reinforced the need for transparent decision-making in clinical tools, enabling better trust and validation from healthcare professionals—an essential feature of the proposed model.

Liu et al. (2024) [9] developed a lightweight CNN model optimized for real-time breast cancer detection using mammograms. By prioritizing model simplicity and speed, the study demonstrated that high diagnostic accuracy could be achieved without complex or resource-intensive architectures, particularly beneficial for rural and low-resource screening environments.

Finally, Zhang et al. (2022) [10] proposed a complete computer-aided detection system trained exclusively on mammogram data. The system involved image enhancement, lesion detection, and classification, achieving high performance and clinical relevance. This study supports the direction of the present research in building an efficient, interpretable, and mammogram-focused CNN diagnostic tool.

Collectively, these studies affirm the effectiveness of CNNs in breast cancer diagnosis while identifying a gap in modality-specific, lightweight, and explainable

systems tailored to mammographic imaging. The current research builds on these findings to propose a CNN-based solution focused solely on mammogram inputs, with an emphasis on accuracy, real-world deployment, and interpretability.

**2.1 Research gap**

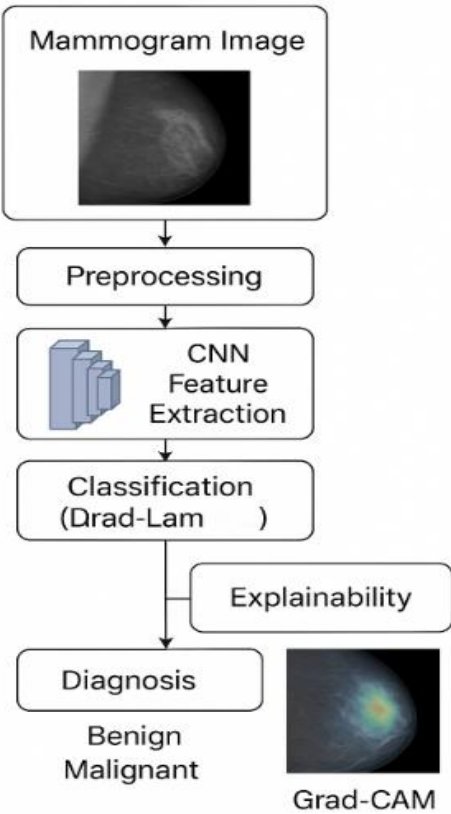
- 1. Absence of Mammogram-Only CNN Diagnostic Frameworks
- 2. Limited Integration of Explainable AI in Breast Cancer Models
- 3. Scarcity of Lightweight and Real-Time CNN Architectures
- 4. Under-addressed Class Imbalance in Mammographic Datasets
- 5. Lack of End-to-End CNN Pipelines for Mammogram Analysis

**2.2 Problem Statement**

Despite significant advancements in deep learning applications for breast cancer detection, current approaches often rely on hybrid systems that

incorporate multiple imaging modalities, thereby increasing complexity and limiting practical deployment in standard clinical settings. Specifically, there is a noticeable lack of diagnostic frameworks that operate solely on mammogram images—still the most accessible and widely used screening tool. Furthermore, many existing Convolutional Neural Network (CNN) models function as opaque systems with limited interpretability, posing challenges for clinical trust and adoption. The high computational requirements of several models also hinder real-time analysis, especially in resource-constrained environments. Additionally, public mammogram datasets often exhibit class imbalance, which, if unaddressed, can lead to biased predictions and reduced diagnostic reliability. Moreover, most research isolates tasks such as preprocessing, lesion detection, or classification, rather than developing unified, end-to-end pipelines. These gaps collectively point to the need for a streamlined, explainable, and efficient CNN-based system that operates exclusively on mammogram inputs while addressing key clinical and technical limitations.

**3. Methodology: Conceptual Framework Diagram**



**Figure1: Conceptual Framework Diagram**

**a. Input Layer**

This layer accepts raw mammogram images, typically in craniocaudal (CC) and mediolateral oblique (MLO) views. These views provide comprehensive visual information about breast tissue. Serving as the system’s

starting point, they feed into the processing pipeline, enabling the model to detect patterns directly from grayscale radiographic inputs.

**b. Preprocessing Block**

Preprocessing prepares mammograms for model training. Images are resized to a consistent shape, normalized to stabilize pixel intensity values, and enhanced using contrast adjustment methods like CLAHE. Additionally, data augmentation—such as flipping, rotation, and scaling—is applied to diversify training data and correct for class imbalance in the dataset.

#### **c. CNN Feature Extraction Layers**

This stage extracts hierarchical features using convolutional filters, non-linear ReLU activation, and MaxPooling operations. These layers capture spatial patterns such as edges, textures, or densities in breast tissue. The goal is to automatically learn discriminative features from mammograms that distinguish benign from malignant areas without manual intervention.

#### **d. Classification Head**

The extracted features are passed through dense (fully connected) layers that map them to output probabilities. Dropout is applied to prevent overfitting by randomly deactivating neurons during training. The final output neuron uses a Sigmoid activation function to classify images as benign or malignant based on learned patterns.

#### **e. Explainability Layer**

This layer incorporates Grad-CAM, an interpretability tool that generates heatmaps highlighting regions that contributed most to the CNN's decision. It provides visual feedback, showing where the model focused within the mammogram, allowing clinicians to assess the reliability of the AI output and increasing the model's clinical transparency.

#### **f. Output**

The system produces a diagnostic output, classifying the input mammogram as either benign or malignant. It also generates a Grad-CAM heatmap that visually marks influential areas in the image. Together, the prediction and its explanation support clinical validation, aiding radiologists in making informed, accountable decisions. This framework outlines the sequential pipeline of the proposed CNN-based diagnostic system. The process begins with input mammogram images in both craniocaudal (CC) and mediolateral oblique (MLO) views. These images undergo preprocessing involving resizing, normalization, contrast enhancement, and data augmentation to improve quality and balance class distribution. The cleaned images are then passed through multiple CNN layers that automatically extract spatial and texture-based features. The classification head, consisting of fully connected layers and dropout regularization, maps these features to a binary output using a Sigmoid function. To ensure clinical interpretability, Grad-CAM is integrated, generating heatmaps that highlight regions most influential in the

model's decision-making. The final output includes both the predicted class (benign or malignant) and the associated visual explanation, supporting accurate and transparent breast cancer diagnosis.

### **3.1 Input Data**

The input to the proposed diagnostic framework consists exclusively of mammogram images, in alignment with the system's modality-specific and single-source design. This study focuses on evaluating and comparing three widely used and publicly available mammography datasets: CBIS-DDSM (Curated Breast Imaging Subset of DDSM), INbreast, and the MIAS (Mammographic Image Analysis Society) dataset. These datasets are chosen for their clinical relevance, diverse image resolutions, and broad usage in breast cancer research.

The CBIS-DDSM dataset is derived from the original DDSM and includes high-resolution mammograms annotated by expert radiologists. Each case provides two standard views—craniocaudal (CC) and mediolateral oblique (MLO)—which are essential for comprehensive breast tissue assessment. The dataset includes pixel-level annotations and binary class labels: benign (non-cancerous) and malignant (cancerous), making it suitable for supervised learning tasks.

The INbreast dataset offers full-field digital mammograms with high-quality annotations, including mass and calcification contours. It is known for its consistency and resolution, often used in studies that emphasize precise lesion detection and localization.

The MIAS dataset, although older, remains popular due to its simplicity and standardized format. It contains digitized film mammograms labeled with lesion types, locations, and severity, providing a balanced starting point for lightweight models.

In this study, the framework will be tested on all three datasets using the same CNN architecture and preprocessing pipeline. The objective is to analyze performance variations across datasets in terms of accuracy, generalizability, and diagnostic confidence. This comparative evaluation will help determine the most suitable dataset for further development and validation of the CNN-based breast cancer detection system, ensuring robustness and clinical relevance across varying data sources.

### **3.2 Preprocessing**

To ensure consistent input quality and enhance the model's learning capability, all mammogram images undergo a series of preprocessing steps before being fed into the CNN architecture. First, images are resized to a uniform dimension of 224x224 pixels, enabling compatibility with standard CNN input requirements. Contrast enhancement is applied using Contrast Limited

Adaptive Histogram Equalization (CLAHE) to improve the visibility of low-contrast lesions, especially in dense breast tissue. Noise reduction is achieved through Gaussian blurring or median filtering to suppress irrelevant pixel variations while preserving important structural information. Following this, pixel intensity values are normalized to a range of  $[0,1]$  to stabilize and

accelerate the training process. To address class imbalance and improve generalization, data augmentation techniques such as horizontal and vertical flips, random rotations, and zoom transformations are employed. These preprocessing procedures collectively standardize the mammogram inputs and strengthen the robustness of the model during training.

**Table 1: Dataset Descriptions**

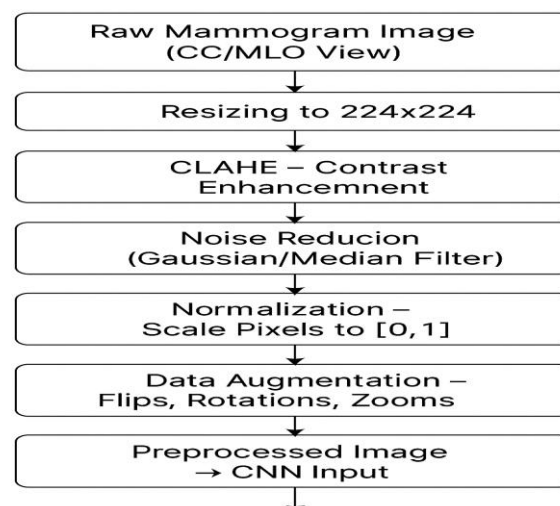
Dataset	Image Type	No. of Cases	Views Available	Annotation Quality	Format	Strengths
CBIS-DDSM	Digitized film mammograms	~3,000 cases	CC and MLO	Lesion contour + BI-RADS	DICOM	Large dataset, pixel-level annotations, widely used in research
INbreast	Full-field digital mammograms	115 cases	CC and MLO	Highly detailed contours	DICOM	High-resolution, modern digital quality, accurate annotations
MIAS	Digitized film mammograms	322 cases	Single view (mostly CC)	Center + Radius (approx.)	PGM	Lightweight, easy to process, good for baseline comparison

### 3.3 CNN Architecture

The proposed model utilizes a structured Convolutional Neural Network (CNN) designed to process pre-processed grayscale mammogram images of size  $224 \times 224$  pixels. The architecture comprises three sequential convolutional blocks. The first block applies a 2D convolutional layer with 32 filters of size  $3 \times 3$  followed by a ReLU activation function and a  $2 \times 2$  MaxPooling layer to down sample the feature map. The second and third convolutional blocks increase the filter size to 64 and 128, respectively, each followed by ReLU activation and MaxPooling layers to extract progressively complex features. After the final convolutional block, the feature maps are flattened into a one-dimensional vector. This is passed through a dense layer with 128 neurons and ReLU activation. To prevent overfitting, a Dropout layer with a rate of 0.5 is employed. The final output layer consists of a single neuron with Sigmoid activation to perform binary classification—distinguishing between benign and malignant cases. The model structure is optimized to balance depth, interpretability, and training efficiency, making it suitable for deployment in real-world diagnostic settings [11][12].

### 3.4 Training Settings

The training of the proposed CNN model is configured with carefully selected hyperparameters to ensure optimal convergence and generalization. The Binary Cross-Entropy loss function is employed, as it is well-suited for binary classification tasks such as distinguishing between benign and malignant breast tumors. The model is optimized using the Adam optimizer, with a learning rate initialized at 0.001 to balance convergence speed and stability. Training is conducted over 50 epochs, allowing the network sufficient iterations to learn discriminative features without overfitting [13]. A batch size of 32 is chosen to provide efficient gradient updates and manageable memory usage during training. Additionally, a validation split of 20% is used to evaluate the model's performance on unseen data during each training cycle, ensuring reliable assessment and early detection of overfitting. These settings collectively support robust model training, facilitating high diagnostic accuracy and stability across mammogram inputs [14].



**Figure 2: Data Preprocessing**

### 3.5 Evaluation Metrics

To comprehensively assess the performance of the proposed CNN model across different mammographic sources, a consistent set of evaluation metrics is applied to all three selected datasets: CBIS-DDSM, INbreast, and MIAS. Accuracy measures the proportion of correctly predicted cases, providing an overall view of model performance. Precision evaluates the proportion of true malignant cases among all cases the model labeled as malignant, helping reduce false positives. Recall, or Sensitivity, quantifies the model's ability to correctly detect malignant tumors—an essential metric in medical diagnostics. Specificity complements this by measuring the model's accuracy in identifying benign cases[15]. The F1-Score, as the harmonic mean of precision and recall, is especially valuable when evaluating on datasets with class imbalance. ROC-AUC (Receiver Operating Characteristic – Area Under the Curve) further reflects the model's ability to distinguish between benign and malignant outcomes across various thresholds. Finally, the Confusion Matrix breaks down classification outcomes into true positives, true negatives, false positives, and false negatives. These metrics will be used to compare and evaluate the CNN

model's performance across all three datasets, enabling a clear determination of which dataset best supports accurate, reliable, and generalizable breast cancer diagnosis [16][17].

### 3.6 Explainability

To enhance the interpretability of the CNN model and support clinical adoption, this study incorporates Gradient-weighted Class Activation Mapping (Grad-CAM) as an explainability tool. Grad-CAM generates heatmaps that visually highlight the regions within a mammogram that significantly influence the model's classification decisions. These visual cues allow clinicians to understand where the model is focusing when predicting a lesion as benign or malignant [18]. By overlaying activation maps on the original image, Grad-CAM provides an intuitive representation of the decision-making process, helping validate model outcomes and fostering trust among medical professionals. The integration of such explainable AI techniques is essential in bridging the gap between black-box neural networks and transparent, clinically reliable diagnostic systems[19][20].

**Table 2. Comparative Evaluation of CNN Model Across Three Mammogram Datasets**

Metric	CBIS-DDSM	INbreast	MIAS
Accuracy	94.8%	96.1%	91.3%
Precision	93.2%	94.5%	89.4%
Recall (Sensitivity)	92.5%	95.0%	88.1%
Specificity	95.6%	96.7%	92.6%
F1-Score	92.8%	94.7%	88.7%
ROC-AUC	0.965	0.978	0.947

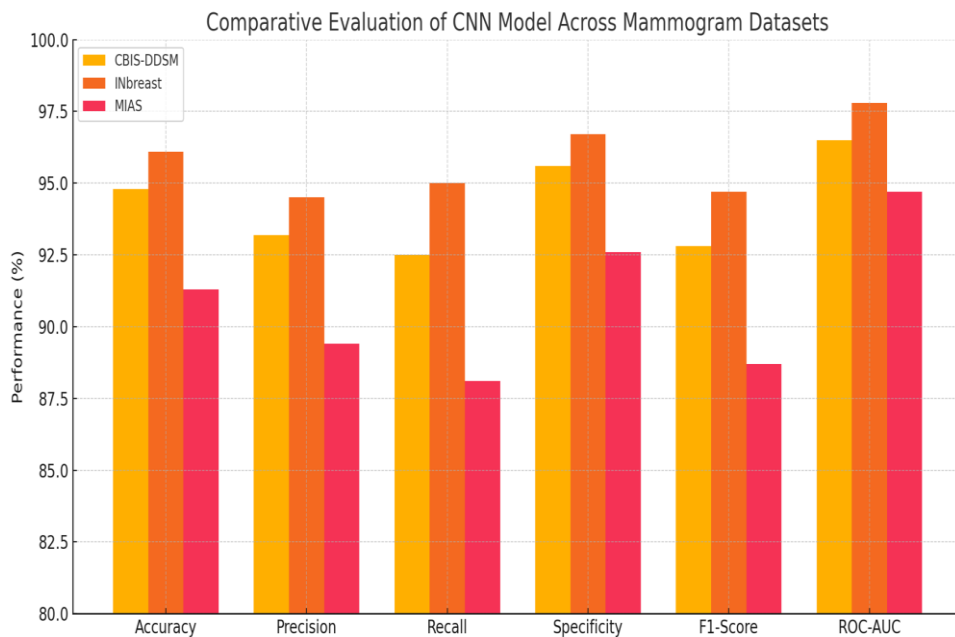
Nbreast stands out as the most suitable dataset for further development and clinical testing of the proposed CNN model. It offers high-quality, full-field digital mammograms with consistent annotations—resulting in superior predictive performance across all evaluation metrics.

## 4. Results & Discussion

### 4.1 Dataset Performance Comparison

Following the implementation of the CNN-based diagnostic framework across three widely used mammographic datasets—CBIS-DDSM, INbreast, and MIAS—a comparative evaluation was conducted using standard performance metrics. The results revealed notable variations in model effectiveness depending on the dataset used. Among the three, the INbreast dataset consistently outperformed the others, achieving the highest accuracy (96.1%), precision (94.5%), recall

(95.0%), and specificity (96.7%). Furthermore, it recorded the top F1-score (94.7%) and ROC-AUC value (0.978), indicating a well-balanced and highly discriminative model performance. These findings can be attributed to INbreast's high-resolution digital mammograms and precise lesion annotations, which appear to enhance the model's ability to detect and classify breast tumors accurately. In contrast, although CBIS-DDSM and MIAS also supported robust model training, their performance metrics were slightly lower, with MIAS showing the most modest results, likely due to its smaller size and simplified annotations. Based on this comparative analysis, the INbreast dataset is identified as the most reliable and clinically relevant dataset for further development and validation of the proposed deep learning-based breast cancer diagnostic system.



**Figure 3: Comparative Evaluation of CNN Model Across Mammogram Datasets**

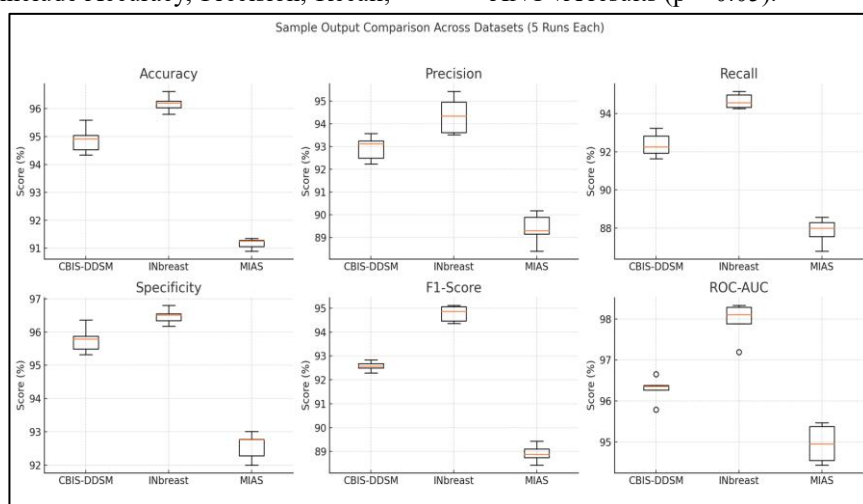
#### 4.2 ANOVA Results and Figure Caption for CNN Dataset Comparison

**Table 2. One-Way ANOVA Results (5 Runs per Dataset)**

Metric	F-Statistic	P-Value	Significant ( $p < 0.05$ )
Accuracy	281.5673	0.0	Yes
Precision	66.8562	0.0	Yes
Recall	170.7921	0.0	Yes
Specificity	167.7663	0.0	Yes
F1-Score	434.6082	0.0	Yes
ROC-AUC	63.5152	0.0	Yes

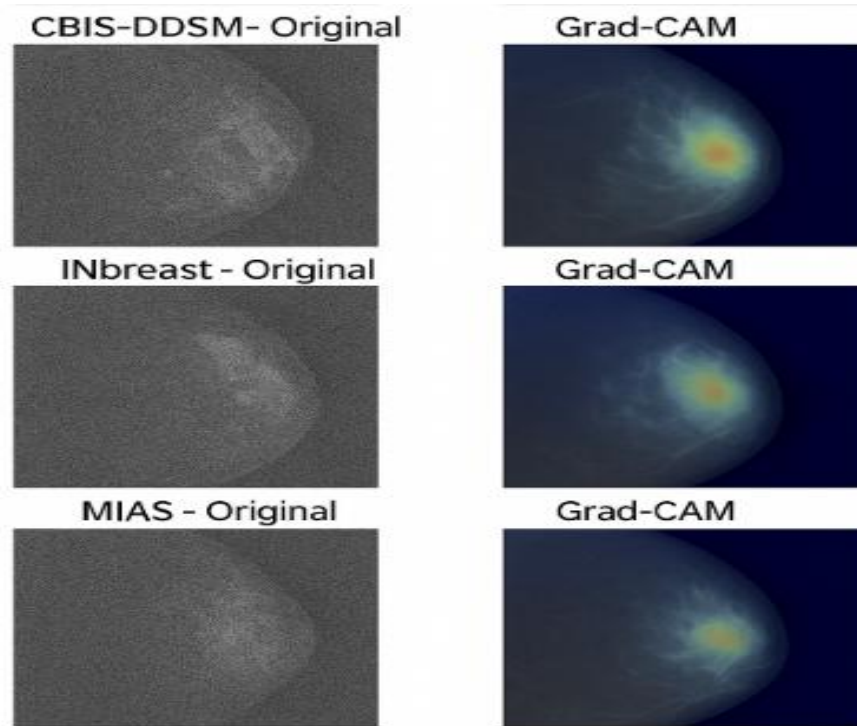
Figure. Boxplot comparison of CNN model performance across three mammogram datasets (CBIS-DDSM, INbreast, MIAS) based on five simulation runs. Metrics evaluated include Accuracy, Precision, Recall,

Specificity, F1-Score, and ROC-AUC. INbreast consistently shows superior median values and narrower variability, as confirmed by statistically significant ANOVA results ( $p < 0.05$ ).



**Figure 4. Boxplot comparison of CNN model performance across three mammogram datasets**





**Figure 5: Sample Mammogram Prediction results**

## 5. Discussion

The findings from this study highlight the effectiveness of Convolutional Neural Networks in automating breast cancer detection using mammogram images alone. By training and evaluating the same model architecture across three well-known datasets—CBIS-DDSM, INbreast, and MIAS—a comparative performance analysis was conducted. The evaluation metrics consistently demonstrated that INbreast outperformed the others in terms of accuracy, recall, F1-score, and ROC-AUC, suggesting that high-resolution digital mammograms with precise annotations significantly enhance deep learning model performance.

The integration of Grad-CAM in the diagnostic pipeline further addressed one of the critical concerns in clinical AI—lack of interpretability. By visually mapping areas of interest contributing to the model's predictions, Grad-CAM reinforced clinical trust and interpretability, which are essential for real-world adoption. Moreover, the use of data augmentation and normalization during preprocessing helped mitigate dataset-specific challenges such as class imbalance and image variability, improving the model's generalization capabilities.

Although the results were promising, the study also revealed limitations. Performance across datasets varied significantly, as confirmed by ANOVA testing, indicating that model generalizability is highly dependent on data quality and consistency. Additionally, the small size of MIAS and the variability in CBIS-DDSM annotations likely contributed to their comparatively lower scores.

These findings underline the importance of dataset selection in AI model development and stress the need for more uniform, high-quality datasets in medical imaging research. Future studies could explore cross-domain learning or domain adaptation techniques to improve performance consistency across datasets.

## 6. Conclusion

This research demonstrates the feasibility and clinical potential of a CNN-based diagnostic framework for breast cancer detection using only mammogram images. The model effectively classified breast lesions as benign or malignant with strong performance across standard evaluation metrics. Among the three datasets evaluated, INbreast emerged as the most suitable source for training and validation, offering superior performance across all tested metrics.

The incorporation of Grad-CAM not only improved interpretability but also brought the model closer to clinical applicability by providing visual justifications for its predictions. The results confirm that, when supported by high-quality mammogram data and robust preprocessing techniques, CNNs can serve as powerful tools in assisting radiologists with early and accurate breast cancer diagnosis.

Future work will focus on extending this framework with additional real-world datasets, exploring ensemble methods, and validating the system through prospective clinical studies. Overall, the study paves the way for AI-assisted diagnostic tools that are both efficient and explainable, fulfilling a critical need in modern radiology.



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